

BOOT CAMP - BRADFORD

This week long program will focus on player conditioning, various skating disciplines and mental preparation necessary for the rigours of fast approaching tryouts. Players will be challenged physically to improve their conditioning levels via high tempo flow drills. **WARNING!!!** ... This camp will not be for the weak of heart! PlayHard will demand the most from our players and will ultimately push players to their limits. To aid in player mental preparation, we will run drills that challenge our players to think while executing difficult technical tasks. Ultimately, we want your player – our students, to be the very best they can be in preparation for competitive level tryouts.

REGISTRATION DETAILS

LOCATION: Bradford – Bob Fallis Sports Centre

SESSION DATES: Mon Aug 6, 5:30—7:00 PM
Tues Aug 7, 5:30—7:00 PM
Wed Aug 8, 5:30—7:00 PM
Thurs Aug 9, 5:30 – 7:00 PM
Fri Aug 10, 5:30 – 7:00 PM

SESSION COST: \$185.00 Cash or cheque (payable to PlayHard PowerSkating)

TO REGISTER: Please fill in the application form and enclose the appropriate fee to;

Playhard Powerskating, c/o Al Barr
41 Logan Crt
Barrie, Ontario
L4N 8G9

CHILDS NAME _____ DATE OF BIRTH _____

ADDRESS _____ CITY _____

HOME PHONE# _____ WORK PHONE# _____

EMAIL ADDRESS _____

AMOUNT ENCLOSED _____

Accident / Sickness Insurance: All students must have their own insurance plan.

The undersigned parent of the above-named child (the "child") acknowledges that ice skating and hockey involves inherent risk of injury. I hereby release PlayHard PowerSkating, it's officers, directors and employees, from all claims for injury or damages suffered by the Child or the undersigned that may arise as a result of the Childs participation in a PlayHard PowerSkating program. I further agree to indemnify and save PlayHard PowerSkating, it's officers, directors and employees harmless from all claims made by the Child or any party in any way resulting from the Childs participation in PlayHard PowerSkating programs.

READ AND ACCEPTED,

PARENT / GAURDIAN SIGNATURE _____ DATE _____