

DEFENCE / FORWARD CLINICS – NOTTAWASAGA RESORT

Each class will begin with skating drills designed to benefit all players. Following that, our students will then be split into position specific groups;

Defensive students will work on balance, footwork and agility drills with instruction on individual tactics including body positioning and defensive zone coverage. Topics covered will include 1 on 1, 2 on 2, puck retrieval and effective communication with defensive partners.

Forwards will work on acceleration, agility and lateral movement. Shooting drills will develop accuracy and quick puck release. Students will be instructed on puck protection, puck control and individual tactics for 1 on 1, 2 on 2, etc.

Each class will end with our students getting back together to reinforce earlier position specific drills. Students will receive instruction and correction as they learn and perform skills in game style situations.

Session size will be limited to 12 forwards and 10 defensive positions (22 players).

REGISTRATION DETAILS

LOCATION: Alliston, Nottawasaga Resort – Centre Ice Sportsplex

*****PLEASE CIRCLE THE SESSION YOU ARE INTERESTED IN ATTENDING*****

SESSION 'A': ATOM / MINOR PEEWEE

Mon July 16, 4:00-5:30 PM
Tue July 17, 4:00-5:30 PM
Wed July 18, 4:00-5:30 PM
Thu July 19, 4:00-5:30 PM
Fri July 20, 4:00-5:30 PM

SESSION 'B': PEEWEE / MINOR BANTAM

Mon July 16, 5:30-7:00 PM
Tue July 17, 5:30-7:00 PM
Wed July 18, 5:30-7:00 PM
Thu July 19, 5:30-7:00 PM
Fri July 20, 5:30-7:00 PM

SESSION COST: \$250.00 Cash or cheque (payable to PlayHard PowerSkating)

TO REGISTER: Please fill in the application form and enclose the appropriate fee to;
Playhard Powerskating, c/o Al Barr
41 Logan Crt
Barrie, Ontario
L4N 8G9

CHILDS NAME _____ DATE OF BIRTH _____

ADDRESS _____ CITY _____

HOME PHONE# _____ WORK PHONE# _____

EMAIL ADDRESS _____

AMOUNT ENCLOSED _____

Accident / Sickness Insurance: All students must have their own insurance plan.

The undersigned parent of the above-named child (the "child") acknowledges that ice skating and hockey involves inherent risk of injury. I hereby release PlayHard PowerSkating, it's officers, directors and employees, from all claims for injury or damages suffered by the Child or the undersigned that may arise as a result of the Child's participation in a PlayHard PowerSkating program. I further agree to indemnify and save PlayHard PowerSkating, it's officers, directors and employees harmless from all claims made by the Child or any party in any way resulting from the Child's participation in PlayHard PowerSkating programs.

READ AND ACCEPTED,

PARENT / GAURDIAN SIGNATURE _____ DATE _____